

# Term 2 Newsletter

## Grade 7

### 2023-2024

ONE LITTLE SPARK...  
**IMAGINATION!**



# From the Principal's Desk

**Ms Indira Jayakrishnan**



# Hello Parents!

From the Principal's Desk

*We have thoroughly enjoyed this school year with all our calendar events going as planned and some more! The learning and laughter has grown tenfold, the deep connections we have made, even more heartwarming!*

*Our Grade 12 of the Class of 2024 have completed their graduation ceremony, filling us with deep nostalgia and pride. Already several of them have received admission offers from around India and USA. We wish them well in the Board Exams that have just commenced, and we hope they win big laurels!*



## From the Principal's Desk



*The **school theme on imagination** has borne fruit with a host of new thoughts, activities and new thinking! Children are writing poetry, creating mind maps, thinking out of box in all the subjects. In our effort to balance academic work with extracurriculars, we created a new event for Senior School that helped them enjoy theatre, music, dance, art and togetherness like only our Annual Concerts can! **PlayACT Fantasia** for Grades 9 to 12 saw unbelievable stage magic unfold through the inter-House play fest woven around 20-minute Disney plays with a twist in the scene.*

*We launched a **Parent Engagement Initiative**, this year where parents from Primary School came in to observe the teaching-learning processes at NAFL. In Middle School, parents had the opportunity to watch how their wards engaged in case study scenarios woven around the theme of financial literacy and how money management skills can be shaped at school!*

*We also rolled out the **NAFL Guest Speaker Series** where NAFL parents and special invitees addressed our Senior School students on professional work practices and how learning is always connected to life! The exchanges have been fruitful and absorbing.*

The habit of notetaking has been set and Cornell Notetaking has become a familiar term across school! The **Question Formulation Technique** has pushed the art of questioning in class. Once again, a measure of the QFT skills is delightfully captured in the Early Years classrooms, and the kind of questions they raise!

From the Principal's Desk



## From the Principal's Desk

*A sweet story from a Primary School parent tells us our students are making their mark. I quote from the parent's letter:*

*"We happened to have an encounter with the Vice Chancellor of Dayanand Sagar University (an alumni of Indian Institute of Science). To give a brief background, The Vice Chancellor was wearing an IISc alumni T-shirt which prompted us to urge our daughter to go and talk to him. She went up, introduced herself and spoke to the VC. He was so inspired, he offered to help to set up a Science Club at school!"*

*We hope we can take up that offer very soon... The VC wants her to gather a group of 6 more students... He wants them to visit the city museums and an arboretum... He sees the potential in our children! WE SEE the potential in our children!*

*May our NAFLERS bloom and shine in the years ahead!*

*Warm regards*

**Indira Jayakrishnan**





# Events @ NAFL



# Kaleidoscope 2023 - 2024



# Kaleidoscope

**Kaleidoscope 2023-24** showcased Mask Art to stunning effect! Unveiling the rich history of face masks dating back to 7000 BC, the event celebrated student creativity across all grades and drew applause all round.



From Early Years to Grades 9-12, students crafted masks using diverse materials, drawing inspiration from Kenyan Artist Cyrus Kabiru's ethos of transforming recyclables into political art. The festival resounded with the culture of sustainability and artistic expression.

# The Chairman's Cup - Seniors

## The Opening Ceremony



# The Chairman's Cup - Seniors

The Sixth Edition of The Chairman's Cup Seniors unfolded at NAFL early November. The event kicked off with a happy opening ceremony and the tournament's lively energy spilled into gripping matches, marking another delightful moment in our sporting history.

**NPS Koramangala** triumphed as the Senior Boys Champions, **NAFL** claimed the Boys' Runners Trophy. In the Senior Girls' event, **NPS Koramangala** lifted the trophy while **NPS Indiranagar** claimed the Girls' Runners position.





## The Chairman's Cup- Juniors

**WINNERS: NPS HSR**

**RUNNERS UP: NAFL**



# Children's Day



We celebrated Children's Day with a captivating array of performances, infusing every moment with boundless joy and excitement! The grounds came alive with mesmerising solo acts and a melodious rendition of "We Are The World" by NAFLTY. Adding to the festivities, our enthusiastic teachers took to the floor with a lively dance, spreading infectious energy throughout the audience.

The highlight of the day was the Children's Day Football Friendlies, where spirited 4-a-side matches brought together mixed student-teacher teams in a thrilling competition. Laughter and cheers filled the air creating unforgettable memories!



# Children's Day



# Kannada Rajyotsava Assembly


Grade 3 students put up a vibrant and colourful assembly that showcased the essence of Karnataka's cultural heritage. Students and teachers were decked up in red, yellow and white ethnic wear offering a splendid visual treat. A fashion show, classical songs and a lively dance infused a patriotic spirit in all. Kannada Rajyotsava Utsav Assembly was not just a celebration; it was a testament to the unity in diversity that defines Karnataka.



# Kannada Rajyotsava Assembly







Our Primary School stars delivered a heartwarming performance in **'A Wonderland Whimsy'**, capturing the hearts of the audience. They showcased a diverse range of talents, including spectacular musical melodies, captivating dance sequences, and theatrical performances that skillfully conveyed the emotions of the characters. The result was an engaging and memorable experience for everyone present. The resounding applause our young performers received was a testament to their collective joy and pride, bringing a sense of whimsy and wonder to the entire event.



## 'A Wonderland Whimsy'

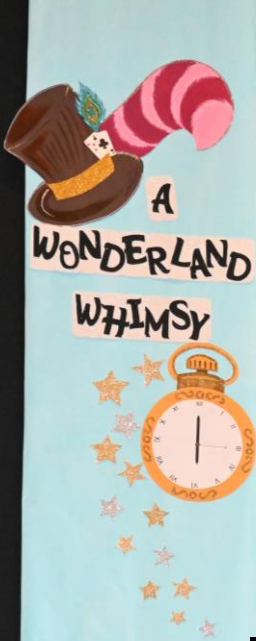
PY Annual Concert – 2023-24

---



# A Wonderland Whimsy





# A Wonderland Whimsy





# Special Assembly

Grade 7 students orchestrated a vibrant Christmas special celebration, infusing the school with festive joy. Energetic performances, including spirited songs and dances, created a memorable holiday atmosphere.

The event's highlight was the students' generous donation of over 50 new books to our collection in our school library, exemplifying the spirit of giving and unity. The Christmas Special Assembly showcased Grade 7 students' commitment to both celebration and community enrichment, leaving a lasting impact on the entire school!







## Secret Santas @ NAFL

NAFLTY dived into the festive spirit of Christmas with much joy and verve. Engaging team-building activities, Secret Santa gifts and cake and cookies added to the merriment of the occasion. In the true spirit of giving, the team brought smiles to the faces of our dedicated Service Staff with a round of Secret Santa gifts for them as well!







# Share A Smile!

## Spreading Christmas Cheer!



Our students embraced our December Share A Smile initiative with great pride and set off a tidal wave of kindness and care. In the first phase, volunteers from Grades 1 to 12 worked on a Christmas Wish List from 300 children of a neighbouring school and worked to raise the money for the gifts. Through a blend of determination and dedication, our students earned funds via home chores and book sales, demonstrating a deep commitment to positive change. In the heartwarming Phase 2, students and teachers united, delivering carefully chosen gifts that transformed the giver and the recipient alike!

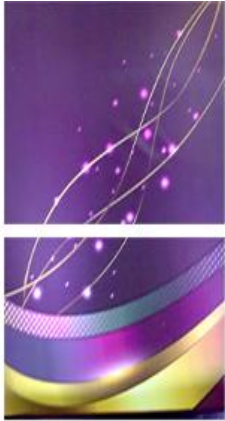




# Share A Smile!



# Senior Graduation- Class of 2024



On January 17, 2024, NAFL bid farewell to the Class of 2024, at a happy open-air event! Our esteemed members of the Board of Governors, our Chairman and Founder Principal, Dr. K. P. Gopalkrishna, our Dean, Dr. Santhamma, Vice Chairperson, Dr. Bindu Hari, and CEO, Mr. Hari Krishnan, joined hands with us for the celebrations. Our Guest of Honour, former NAFL alumna, **Ms. Shruthi Bannur**, joined us virtually from UK.



The theme of the evening, **'Forever Young, Forever Brave'**, encapsulated the exuberance, aspirations, and dynamism of the outgoing students. Dr. Bindu Hari underscored the significance of envisioning a trajectory of perpetual advancement while also highlighting the imperative of "contributing to the community." Ms. Shruthi shared her academic and career journey, urging the graduating students to pursue passions ardently and reach out to seniors in the field of their choice for guidance and inspiration.



**Mr. BNV Raman**, our parent speaker, shared heartfelt gratitude to the school and exhorted the Class of 2024 with the words, "I challenge you, the Class of 2024, to make a difference to this world. Make it a better place to live in, in any way you can."

# Senior Graduation 2023-24





## Republic Day

NAFLERS commemorated India's 75th Republic Day with much fervour and pride. The event began with a dynamic Band Display by Grade 8 and the ceremonial unfurling of the National Flag. Compelling student orations on unity and democratic ideals in Hindi and English touched a deep chord. The Grade 9 students scintillated in a grand showcase of music and dance. The highlight was 'Tricolour Triumph'—a treasure hunt, and a quiz on famous Indians.





# Republic Day





# Tribes for Good

30 \* Years

25-October-2023

Mandeep Kaur Rajpopat from Tribes For Good, a global community of changemakers on a mission to make the world a better place, met with our students of Grades 9 to 12 in October. She shared details of social outreach activities and summer programs that foster empathy and teamwork and encouraged students to volunteer. She further explained how these initiatives supported college applications in the future and opened doors to great universities.

# Biomimicry

Why don't fish ever have traffic accidents? Have you ever seen a faded peacock? What do sticky lizard's feet have that Fevicol doesn't? NAFL Parents, Ms Seema Anand and Mr Prashant Dhawan of **Biomimicry India** addressed our Middle School students as part of the NAFL Guest Lecture Series. The thoughtful and whimsical perspectives and case studies offered a call to action to the curious, restless explorer within.

NAFL Guest Lecture Series

November 11, 2023



# A Digital Detox

Tapping into his vast experience at Google, Mr. Shridhar Mahuli, a NAFL parent, conducted an absorbing session on Digital Detox, and ways to build healthier relationships with technology, using knowledge, mindfulness and human connections.

NAFL Guest Lecture Series  
November 17, 2023



## Growing up with Internet

Empowering kids and teens to safely explore, grow, and play online



### # Be Internet Smart

**fMindful Mountain** // The mountainous town center of Interland is a place where everyone mingles and crosses paths. But you must be very intentional about what you share and with whom... information travels at the speed of light and there's an oversharer among the Internauts you know.

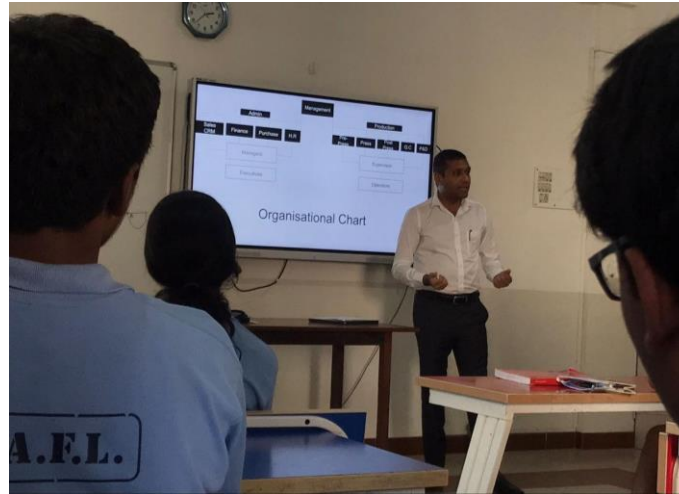
- Be mindful of what is shared and with whom.
- Understand consequences of sharing.
- Understand some info is extra sensitive.



## Entrepreneurship

Mr. Rahul Sharma from Clever Harvey inspired our Grades 9 and 11 students with his entrepreneurial journey. Using case studies and interactive discussions, he explored problem-solving strategies across various domains, and clarifying entrepreneurial concepts.





## NAFL Guest Lecture Series

Mr. Parag Gupta and Mr. Vivek Tholasi, both NAFL parents, delivered insightful lectures to students of Grades 9 and 11. The sessions on Human Resource Management and Packaging were exceptionally insightful, providing industry perspectives on these critical topics.



## NAFL Guest Lecture Series

### Towards financial literacy

Ms. Anu Seth and Ms. Preetha Wali, Founders of 'Pay It Forward', a social enterprise dedicated to simplifying financial literacy for students, hosted a session on Financial Literacy for our college-bound Grade 12 students. They discussed the effects of inflation on savings, the significance of compounding, and elucidated the Rule of 72.





### **NAFL Guest Lecture Series**

## **Building a 300-crore empire**

Mr. Umar Akhtar, Founder, Koskii Ethnic Wear, shared inspiring insights from his personal journey as an entrepreneur, the challenges he faced and the rewards he reaped through sheer determination and tenacity. During the Q&A, students eagerly posed questions about college education and building a career of one's choice.

# University College London (UCL)

22-November-2023



Ms. Ashmita Mangharam, Liaison & Recruitment Officer for India, and her colleague, Ms. Kirsty Walker, Vice President, External Engagement, UCL, London, shared comprehensive insights to our Senior School on UCL, including application procedures, financial considerations and intricacies of accommodation options.



# Grade 6 Parent Engagement Initiative

## Budgeting For Classroom Needs & Wants

We launched a new initiative this year, Parent Engagement Initiative (PEI), where we invited parents to school to observe the teaching-learning processes and how students engaged with learning.

Our PEI at Middle Years focused on financial literacy and how to explore the intricacies of prudent spending and effective saving while fostering a forward-thinking approach to financial planning.

Grade 6 focused on how opportunity costs determine decision-making in daily life and how Needs and Wants must be balanced. Their case study scenario involved spending prize money for classroom needs and the long-term impact.



# Grade 7 Parent Engagement Initiative



## Budgeting For Dream Spaces!

Our Grade 7 students demonstrated their financial acumen through their parent engagement activity centered around budgeting for dream spaces.

Students were tasked with allocating a ₹1,00,000 budget between comforts and luxuries, and striking a balance between the two, ensuring every rupee was utilised effectively.





# Grade 8 Parent Engagement Initiative

## Budgeting For A College Education

Grade 8 students planned their dream University education through an intense exercise analysing data on University fees, financial loan options, and family case studies.

Students and parents analysed family net worth and strategised optimal University and financial pathways and then shared their clever approaches. A parent shared rich perspectives on her own college journey and navigating the tricky route of student loans and exorbitant college fees!







# Journée Au Café Français

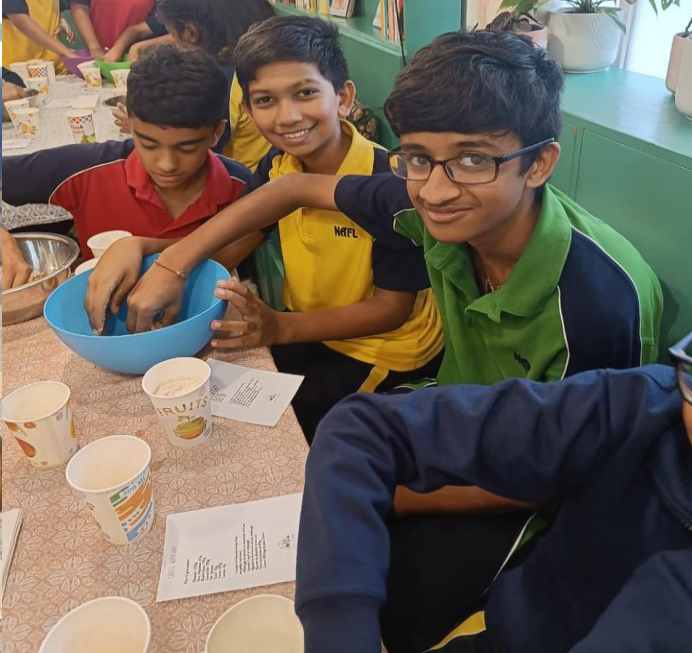


Our Second Language French students of Grades 7 and 8 participated in an immersive and interactive culinary workshop at Café Plume where they interviewed in French, the owner of the café, **French Pastry Head Chef, Ms. Aurélie Lalande** and her work at her café. The interaction on French culture and food with a native French speaker, opened doors to the world of French pastry making and entrepreneurship in India. The highlight was a hands-on cookie making workshop, games in French and tasting authentic French mini desserts and tarts, ***Mignardises!***

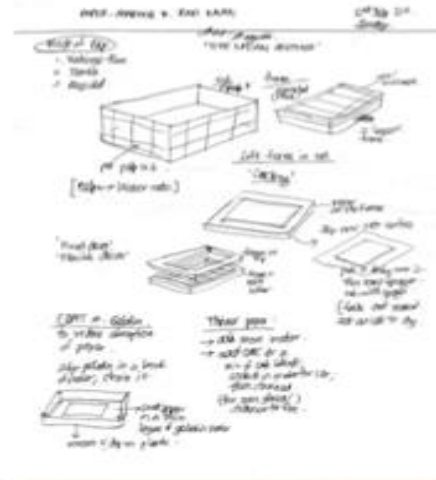
# Journée Au Café Français



# Journée Au Café Français



# Handmade Paper Making Workshop



Our Art students from Grades 9 and 10 attended an exclusive Handmade Paper Making Workshop in December at Ravi Kashi Studio. Internationally acclaimed contemporary artist, **Ravi Kumar Kashi**, opened his well-equipped studio with state-of-the-art facilities to our students and shared expertise and creativity with handmade paper.

Our students learnt various techniques such as pulp preparation, sheet formation, pressing, drying, and surface treatments. They also created their own unique paper artwork and gained invaluable insights into the world of paper art and design.



*Bemusing workshop. Learnt about the prodigious process of making paper from natural fibres, and doing a part of it ourselves. We were also introduced to the many ways the fibre can be loosened in order to use it. Also, the stress relieving experience of beating the fibre up ourselves with a big fat wooden hammer and much more. - **Tanisha Shah, 9 IGCSE***

*We learnt the full process of papermaking from so many materials, as well as the how to create sculptures out of paper. Overall, the workshop was informative and very interesting! - **Rahul, AS***

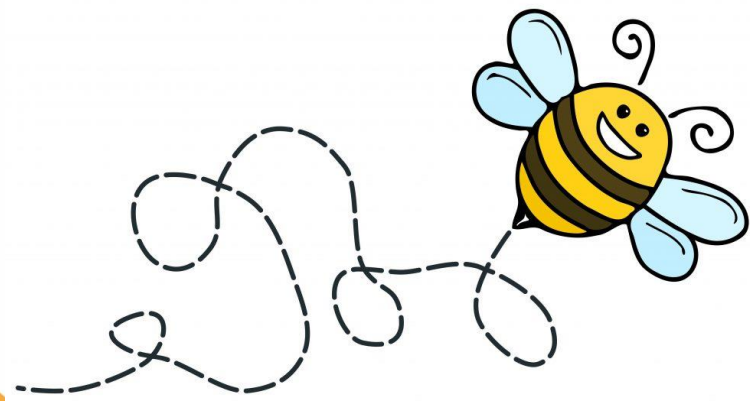
*Who knew you could make paper out banana stem and recycled cardboard! Learning the intricate process of creating paper from scratch and the hands- on nature of the workshop made it engaging and fun :) a 10/10 for me!  
- **Poorvi Mutha, 9 IGCSE***

*It was honestly fun! I learned a lot about what goes into the whole process rather than just the fun bits. And finishing it up with the paper wrapped wire forms was like a cherry on top! It felt overwhelmingly gratifying after finishing a work we did from scratch to finish. - **Dhriti Prakash, 11 ISC***

*The workshop offered a comprehensive journey from cooking the banana stem to adding chemicals like caustic soda. We gained insights into every stage. The emphasis on measuring properties such as viscosity, the pH level, and pulp concentration added a scientific touch. Overall, it was a hands-on experience with a focus on quality assessment, making it an enriching workshop! - **Tamanna Goel, AL***

# Class Buzz Middle School

30 *Years*



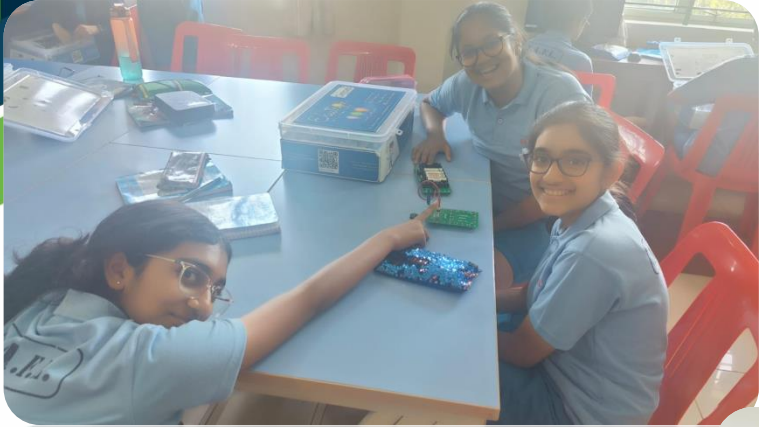


## CLASS BUZZ – 7 A



NATPE  
ASPIRE . ACHIEVE . EXCEL

30 *Years*



Experiment. Fail. Learn. Repeat.



Let's Have a Moment of Science



You Are Your Only Limit



Create The Things You Wished Existed







'Perspective and patterns in nature' - Drawing and Doodling



**When a mask is completed and worn for the first time, a new character is born**



**“Creativity allows people to be effective”**





# CLASS BUZZ – 7 B



NAPS

ASPIRE . ACHIEVE . EXCEL

30  Years

# Kaleidoscope in making



**Unmask the Artist in You!**

# Kaleidoscope in making

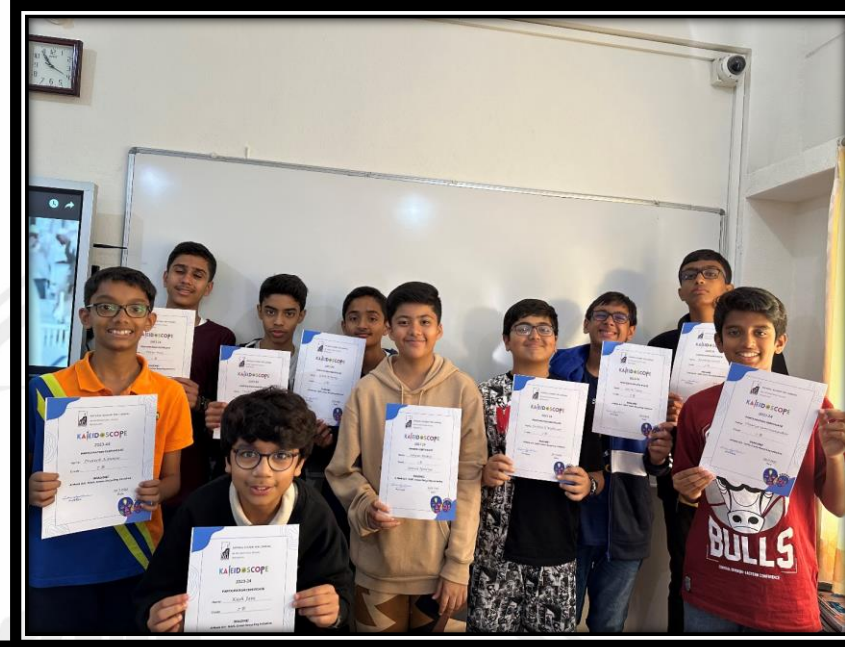


Unmask the Artist in You!

# THE ART



# BRING OUT YOUR BEST



T  
A  
S  
T  
E  
O  
F  
S  
U  
C  
C  
E  
S  
S

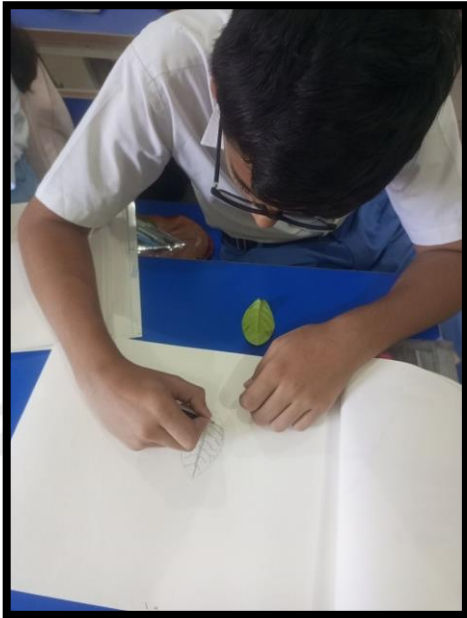




Festivals are all about making memories, and the best way to preserve those memories is to capture them.



CONNECTING

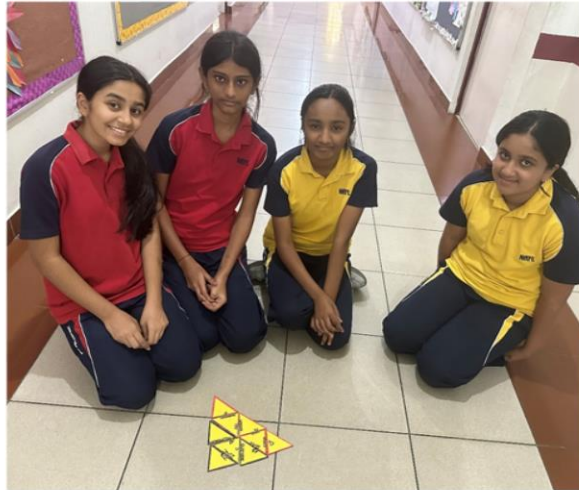


WITH



KNAPL  
ASPIRE . ACHIEVE . EXCEL  
30 Years  
NATURE







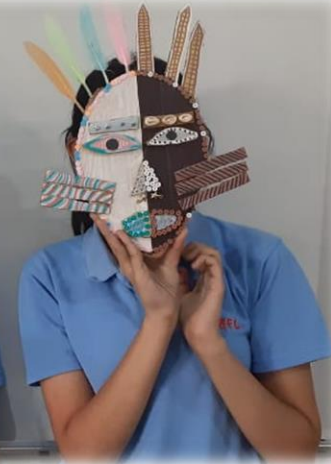
# CLASS BUZZ – 7 C



NAPS  
ASPIRE . ACHIEVE . EXCEL

30 *Years*

# KALEIDOSCOPE

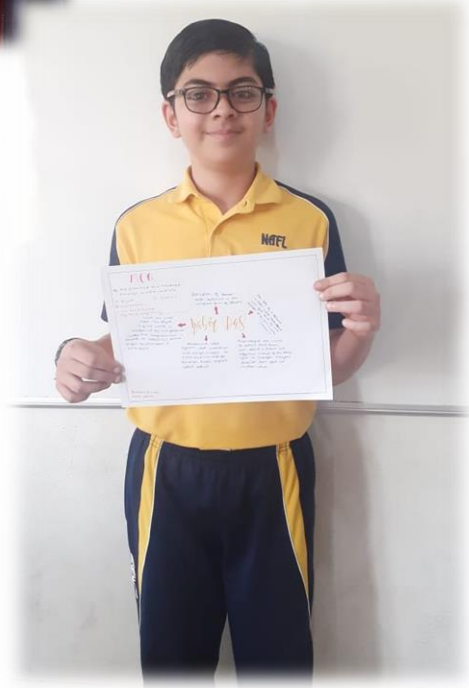
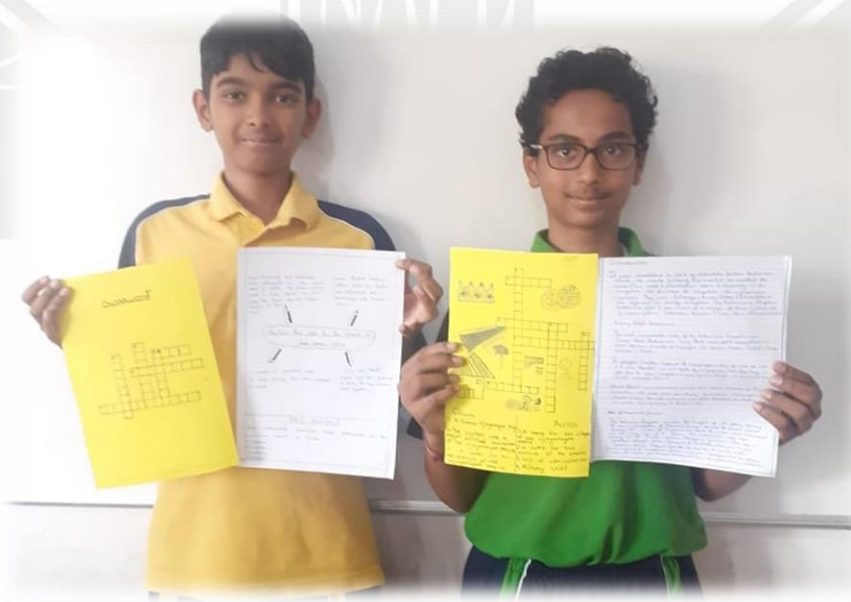
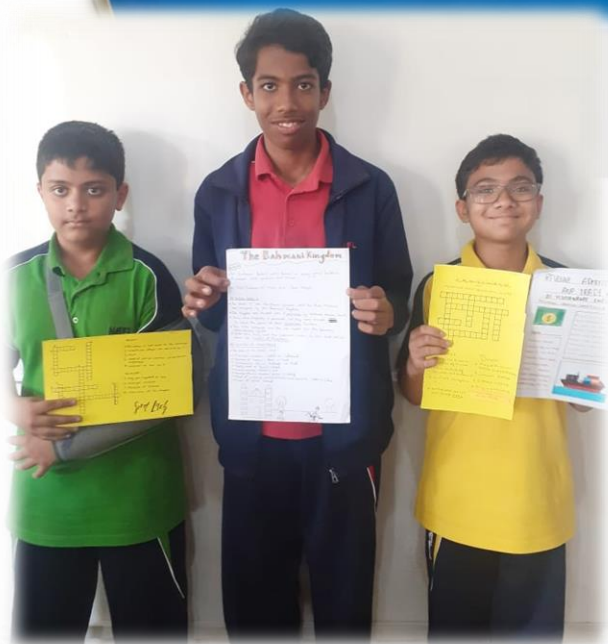




Maintain silence in the library  
Be prompt in returning books  
Return books in good condition  
Books in right places

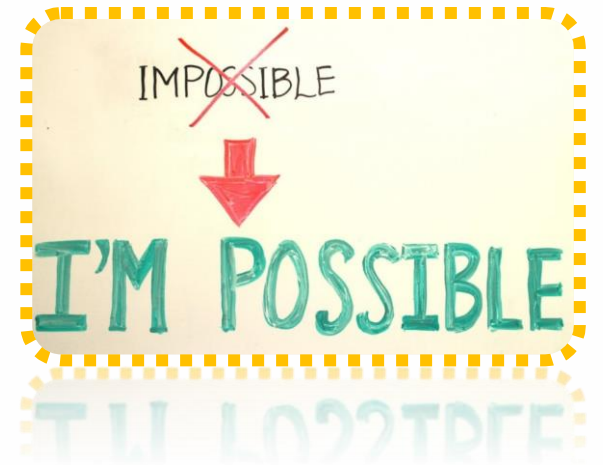
Year





# GOOD LUCK FOR YOUR EXAMS!

- Create a study plan
- Organise the study space
- Take regular breaks
- Follow a healthy diet
- Maintain a proper sleep routine
- Make notes
- Revise thoroughly



30 \* Years

ASPIRE . ACHIEVE . EXCEL



**Contact Details:**

**National Academy For Learning**

3rd Cross, 3rd Block, 3rd Stage,  
Basaveshwarnagar,  
Bangalore-560079

Phone: +91-80-23239281

Fax: +91-80-23231567

Email: [info@nafl.in](mailto:info@nafl.in)

**lazy days**  
SPLISH SPLASH SPIOOSH  
rays of sunshine  
ice cream & POPSIcLES  
giggles & smiles  
BURGERS \*HOT DOGS \*CORN ON THE COB  
twINKLING stARS  
CAMP FIRES & S'MORES  
**SUMMER**